

THE IMPORTANCE OF THE OBLIGATORY PRAYER

Fasting and obligatory prayer are as two wings to man's life.

Cling firmly to obligatory prayer and fasting. Verily, the religion of God is like unto heaven; fasting is its sun, and obligatory prayer is its moon. In truth, they are the pillars of religion whereby the righteous are distinguished from those who transgress His commandments.

Concerning obligatory prayer, it hath been revealed in such wise that whosoever reciteth it, even one time, with a detached heart, will find himself wholly severed from the world.

[The long Obligatory Prayer] hath been revealed in such wise that if it be recited to a rock, that rock would stir and speak forth; and if it be recited to a mountain, that mountain would move and flow.

(Bahá'u'lláh in "The Importance of Obligatory Prayer and Fasting")